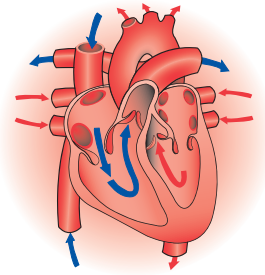


CARDIOVASCULAR DIAGNOSTIC CENTRE



Upper Thornhill Medical Centre
955 Major Mackenzie Dr. W., Vaughan, ON L6A 4P9

PATIENT INFORMATION

PATIENT'S LAST NAME		FIRST NAME		CLINICAL INFORMATION REQUIRED -	
ADDRESS					
HEALTH CARD NUMBER		VERSION CODE	DATE OF BIRTH	SEX	
TELEPHONE		DATE OF INJURY	W.S.I.B.?		
PRINT PHYSICIAN'S NAME		PHYSICIAN'S SIGNATURE		DATE	COPY TO

X-RAY ASSOCIATES T: 289.553.6336 SUITE 102

www.xrayassociates.org F: 289.553.6339

VASCULAR ULTRASOUND

- CAROTID ARTERIES
- VENOUS LOWER EXTREMITIES R L BOTH
- ARTERIAL LOWER EXTREMITIES R L BOTH
- ABDOMINAL ARTERY ANEURYSM
- OTHER _____

X-RAY

- CHEST
PA & LAT

NUCLEAR CARDIOLOGY

- EXERCISE MYOCARDIAL PERFUSION IMAGING* (Test takes 5 - 6 hrs.)
- PERSANTINE MYOCARDIAL PERFUSION IMAGING* (Test takes 5 - 6 hrs.)
- RESTING RADIONUCLIDE VENTRICULOGRAM (MUGA)*
- THALLIUM, REST AND REDISTRUBTION (RE: VIABILITY)
* Includes Ejection Fraction

APPOINTMENT DATE _____ TIME _____ AM / PM

Cardiac Diagnostics T: 905-832-7579 SUITE 214

Grace L. Chua MD, FRCP(C), FACC, Cardiologist F: 905-832-8495

<input type="checkbox"/> ECHOCARDIOGRAM		AM / PM
<input type="checkbox"/> EXERCISE STRESS TEST		AM / PM
<input type="checkbox"/> ECG		AM / PM
<input type="checkbox"/> HOLTER MONITORING (24 / 48 HRS)		AM / PM
<input type="checkbox"/> EVENT MONITOR		AM / PM
<input type="checkbox"/> AMBULATORY BP MONITOR (24 HRS)**		AM / PM
<input type="checkbox"/> CONSULTATION (please fax any additional documents helpful for consultation)		

** There is a charge for this test as it is not covered by OHIP **

- Book direct with patient Inform our office Urgency of results: Mail Fax ASAP

*** IMPORTANT ***

- Appointments may be made by calling **X-Ray Associates** or **Cardiac Diagnostics** or by faxing a completed referral form to the specific clinic. If you are faxing, please indicate on the form if you want us to call your office with the appointment time, or book the test directly with your patient.
- If you need to re-schedule your appointment, please call **X-Ray Associates** or **Cardiac Diagnostics** at least 24 hours in advance so that we can serve other patients.
- Please bring with you this requisition form, your health card and your list of medications. Thank you for your cooperation.

PATIENT PREPARATION INSTRUCTIONS

X-RAY ASSOCIATES T: 289.553.6336
www.xrayassociates.org F: 289.553.6339

NUCLEAR CARDIOLOGY PROCEDURES

MYOCARDIAL PERFUSION IMAGING PROCEDURES:

This test may be completed in one or two days.

- Please bring medications and puffers.
- No caffeine (tea, coffee, cola, chocolate) for 24 hours prior to your test (no decaffeinated tea/coffee).
- Light breakfast the day of the test.
- If you are booked to exercise on a treadmill – wear a T-shirt, shorts or sweatpants and running shoes.
- No smoking prior to testing.

DIABETICS:

- A.** If on insulin: light breakfast the morning of the test and take half the usual morning insulin dose.
- B.** If on oral medication: light breakfast and don't take diabetes medication before the test. After the test, you may eat and take your medication.

Certain medications should be stopped, if possible before the test, **ONLY IF PERMITTED BY YOUR DOCTOR**, as follows:

Stop for 24 hours before the test

- Metoprolol (Lopressor)
- Diltiazem (Cardizem; Tiazac)
- Acebutolol (Monitan; Sectral)
- Carvedilol (Coreg)
- Verapamil (Isoptin)

Stop for 7 Days before the test

- Theophylline (Aminophylline)
- for Persantine procedure
- Tadalafil (Cialis)
- Sildenafil (Viagra)
- Vardenafil (Levitra)

Stop for 48 hours before the test

- Atenolol (Tenormin)
- Nadolol (Corgard)
- Bisoprolol (Monacor)

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www.xrayassociates.org F: 289.553.6339

VASCULAR ULTRASOUND STUDIES

ABDOMEN:

Nothing to eat or drink 8 hours prior to your appointment (except to swallow necessary medications).

Cardiac Diagnostics T: 905-832-7579
Grace L. Chua MD, FRCP(C), FACC, *Cardiologist* F: 905-832-8495

CARDIOLOGY PROCEDURES

ECHOCARDIOGRAM: This ultrasound test checks the structure and function of your heart and takes approximately 30-45 minutes. **No preparation is required.**

EXERCISE STRESS TEST: This is a treadmill test that assesses your cardiovascular health and generally takes 20 to 30 minutes. **Wear comfortable clothing and running shoes** and come with an **empty stomach or after a light meal.** Check with your Doctor if you need to temporarily stop taking some of your **medications** before the test.

ELECTROCARDIOGRAM (ECG): This test tells us about your heart rhythm and takes approximately 15 minutes. **No preparation is required.**

HOLTER MONITOR: You will be wearing an ECG recorder (size of a pager) continuously for 24 or 48 hours while carrying out your regular daily activities to detect any abnormal heart rhythm. The hook-up process takes about 20 to 30 minutes. The recorder must be returned to us immediately after the monitoring for analysis. **No preparation is required. You cannot get the recorder wet or take a shower while wearing the recorder.**

EVENT MONITOR: You will be wearing a recorder (size of a pager) for 2 weeks while carrying out your regular activities to detect any abnormal heart rhythm. The hook-up process takes 20 to 30 minutes. The recorder must be returned to us after the monitoring period. **No preparation is necessary.** During the hook-up, you will be instructed on how to transmit test data over the phone when necessary and how to take off the recorder for a shower.

BLOOD PRESSURE MONITOR:** You will be wearing a blood pressure cuff around your arm for 24 hours. The machine will automatically take your blood pressure every 20 to 60 minutes. The hook up process takes about 20 to 30 minutes. The monitor must be returned to us immediately after the monitoring for analysis. **No preparation is necessary. You cannot get the monitor wet or take a shower while wearing the recorder.**

**** There is a charge for this test as it is not covered by OHIP ****

Cardiovascular Diagnostic Centre

Upper Thornhill Medical Centre
955 Major Mackenzie Dr. West
Vaughan, ON L6A 4P9

X-Ray Associates
Suite 102

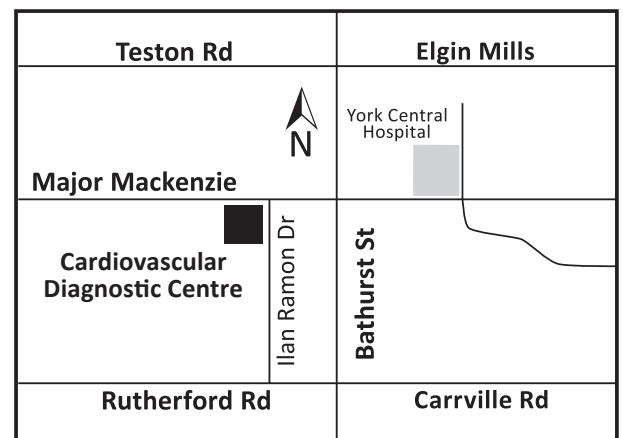
Tel: 289.553.6336
Fax: 289.553.6339

8:00 am - 7:00 pm Mon - Thurs
8:00 am - 4:00 pm Fri
8:00 am - 1:00 pm Sat

Cardiac Diagnostics
Suite 214

Tel: 905-832-7579
Fax: 905-832-8495

By appointment only



FREE PARKING AVAILABLE!